

Synchro & Seat Depth #10CH



Back/Recline Tension

Type: Rotatable knob

Pull paddle knob out. Turn right to tighten or left to loosen the back tension

Seat Depth

Type: Pull paddle

Pull up on paddle while shifting your weight forward to move your seat forward. Shift backward to move your seat back.

Seat Height

Type: Pull paddle

Adjust the seat height by lifting your weight out of the chair and pulling up on the paddle. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.

5-Position Back Lock

Type: Rotatable knob

Tilt the seat back to desired angle and twist a quarter turn. To unlock, twist the other way and lean back.



< Watch our 10CH
Online User Guide