

# Advanced Synchro #81C



## Back Tension

Type: Turn dial

Rotate knob left (forward when seated) to increase tension. Rotate knob right (backward when seated) to decrease tension. Offers 4 tension levels.

## 4-Position Tilt Limiter

Type: Turn dial

Rotate knob left (forward when seated) to lock in 4 back tilt positions. Rotate knob right (backward when seated) to unlock.

## Seat Height

Type: Pull paddle

Adjust the seat height by lifting your weight out of the chair and pulling up on the paddle. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.

## Optional Seat Depth #SS

Type: Pull paddle

Push down on paddle while shifting your weight forward to move your seat forward. Shift backward to move your seat back. Seat depth locks in 5 positions.