

# 4u

#### **Control Mechanisms:**

- Auto-Adjust Body Balance #74C
- Quick Adjust Advanced Synchro #67C
- Stool: Auto-Adjust Body Balance #35C

### Adjustable Arms:

- 6D Adjustable Arms #33A/#35A
- Roll Back Arms #39A
- Adjustable Arms #51A/#52A/#53A

### Adjustable Lumbar:

- Adjustable Lumbar #LS4B/#LS4W
- 4u Upholstered Adjustable Lumbar





# Auto-Adjust Body Balance #74C







#### **4-Position Tilt Limiter**

Type: Rotatable knob

Rotate the outer dial for three seperate tension settings.
Rotate clockwise (forward) to increase tension & counterclockwise (backward) to decrease tension.

### Seat Height

Type: Pull paddle

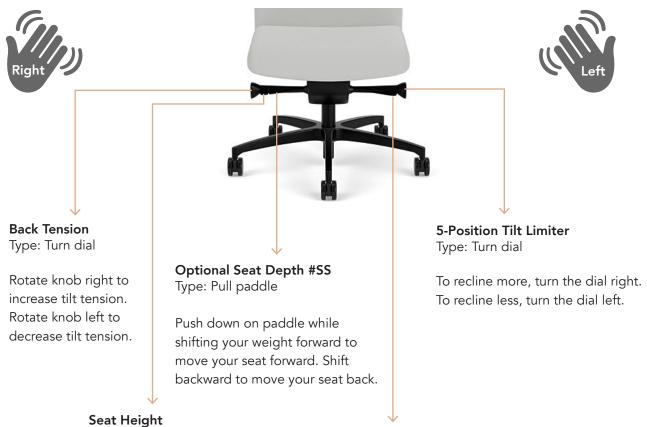
Adjust the seat height by lifting your weight out of the chair and pulling up on the paddle. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.



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# Quick Adjust Advanced Synchro #67C



Type: Pull paddle

Adjust the seat height by lifting your weight out of the chair and pulling up on the paddle. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.

### **Optional Forward Tilt #FT**

Type: Pull paddle

Push the paddle in the down position and lean back in the chair. You will hear a click when the forward tilt mechanism has turned on. To turn off the forward tilt feature, lift the paddle in the up position and lean back in the chair. You will hear a click when the forward tilt mechanism has turned off.



< Watch our 67C-SS Online User Guide Watch our 67C-SS-FT > Online User Guide





# Stool: Auto-Adjust Body Balance #35C





### 3-Position Tilt Limiter

Type: Rotatable knob

Rotate the outer dial for three seperate tension settings.
Rotate clockwise (forward) to increase tension & counter-clockwise (backward) to decrease tension.

### Foot Ring #11DR & #11XDR

Type: Footrest

Press down on the plastic inner hub and lift the foot ring up to unlock. Adjust to desired position. To lock, press down on the outer foot rest until hub is in locked position.

### Seat Height

Type: Pull paddle

Adjust the seat height by lifting your weight out of the chair and pulling up on the paddle. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.



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### 6D Adjustable Arms #33A/#35A







Arm Height (Up/Down)

Type: Button

Press the button found beneath the armrest while grasping the armrest with both hands. Raise or lower each arm to desired height. Release the button.

#### Armrest In/Out

Type: Armrest

While sitting in the chair, grasp the armrest and rotate in or out to desired angle. Adjust each armrest seperately or at the same time. Armrest rotate a max of 15° each way.

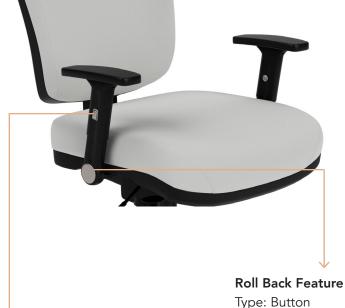


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### Roll Back Arms #39A





Arm Height (Up/Down)

Type: Button

Press the button found beneath the armrest while grasping the armrest with both hands. Raise or lower each arm to desired height. Release the button.

While pressing and holding the small button toward the top front on the silver circle, grasp the arm and roll back to horizontal position where arm is parallel with the floor. Repeat to lift back to upright for use as an armrest.



< Watch our 39A Online User Guide



### Adjustable Arms #51A/#51AG/#52A/#53A



#### Optional Arm Width (In/Out)

Type: Switch

Rotate the switch located beneath the arm forward. Use your hand to grasp the arm and adjust it out to your desired width away from seat. Each arm adjusts separately. When finished making adjustments, rotate the switch back to its original position.

#### **Optional Armrest Back/Forth**

Type: Armrest

Grasp armrest & slide it forward or back to desire position.
Armrest slides forward a max of 1.5".



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# Adjustable Lumbar #LS4B/#LS4W







**Vertical Lumbar Position** 

Type: Lever

From the seated position, use your hand to make adjustments by engaging the small lumbar adjustment lever. Slide the lever up to move the lumbar support up. Slide the lever down to move the adjustable lumbar support down. You can use your right or left hand based on your own comfort.



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# 4u Upholstered Adjustable Lumbar







From the seated position, use your right hand to make adjustments by engaging the small, black lumbar adjustment bar. Slide the small bar to the left to move the adjustable lumbar support up. Slide the small bar to the right to move the adjustable lumbar support down.





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